Military OneSource

Service Provider Overview

Eligibility

- Active, Guard, and Reserve service members
- Immediate family members

Private and Confidential

- Privacy protected
  - Personal information not provided
    - to the military
    - to family or friends
    - to other agencies

- Duty to Warn required for:
  - Family maltreatment (spouse, children, elder abuse)
  - Potential Harm to self or others
  - Illegal activity

Range of Support

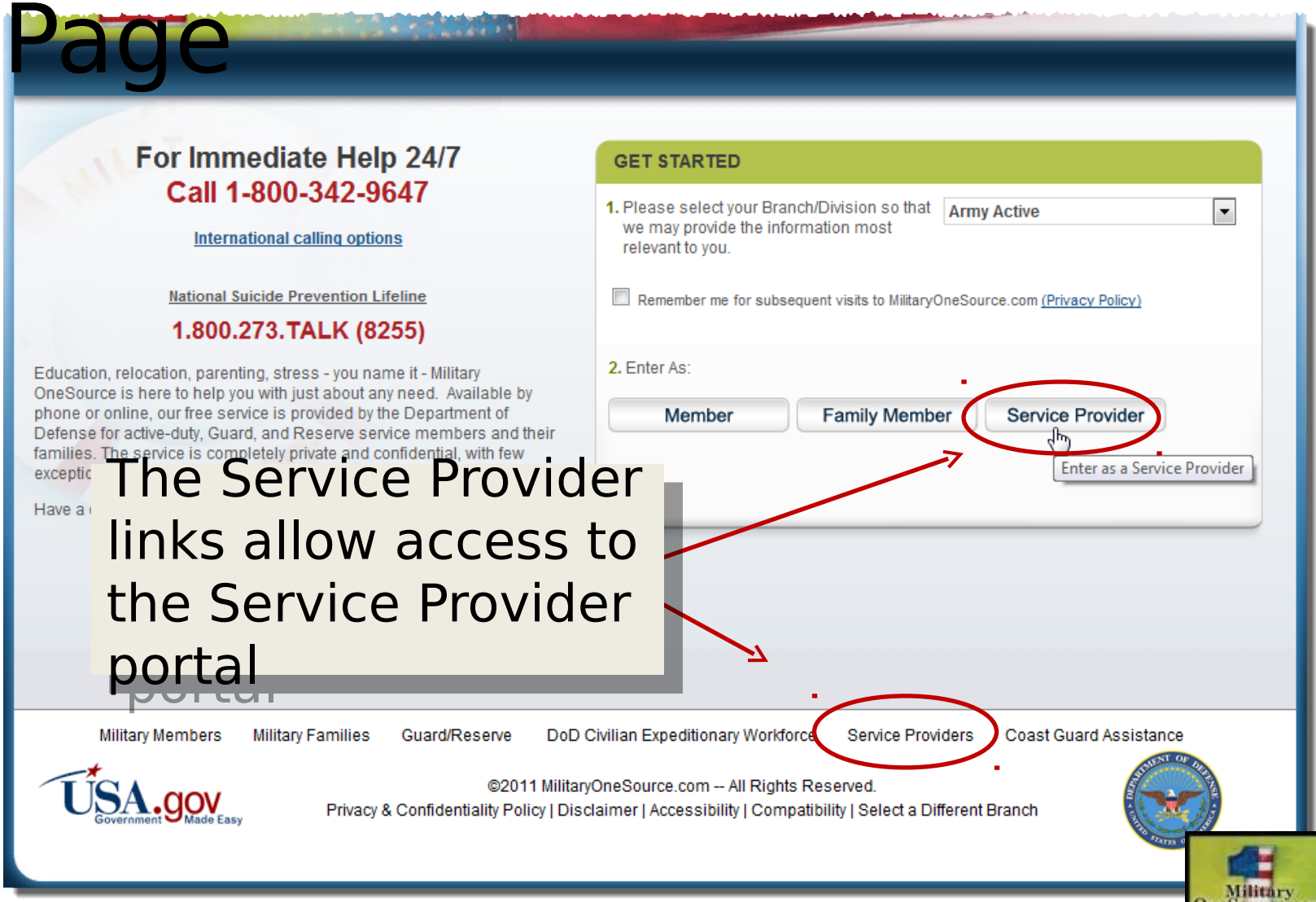
Counseling

Face-to-Face Counseling	Telephone Consultations	Online Consultations
Face-to-face sessions with a local professional counselor	Telephone consultations with a professional counselor, expands capabilities	Online consultations with a professional counselor, held in a secure chat environment

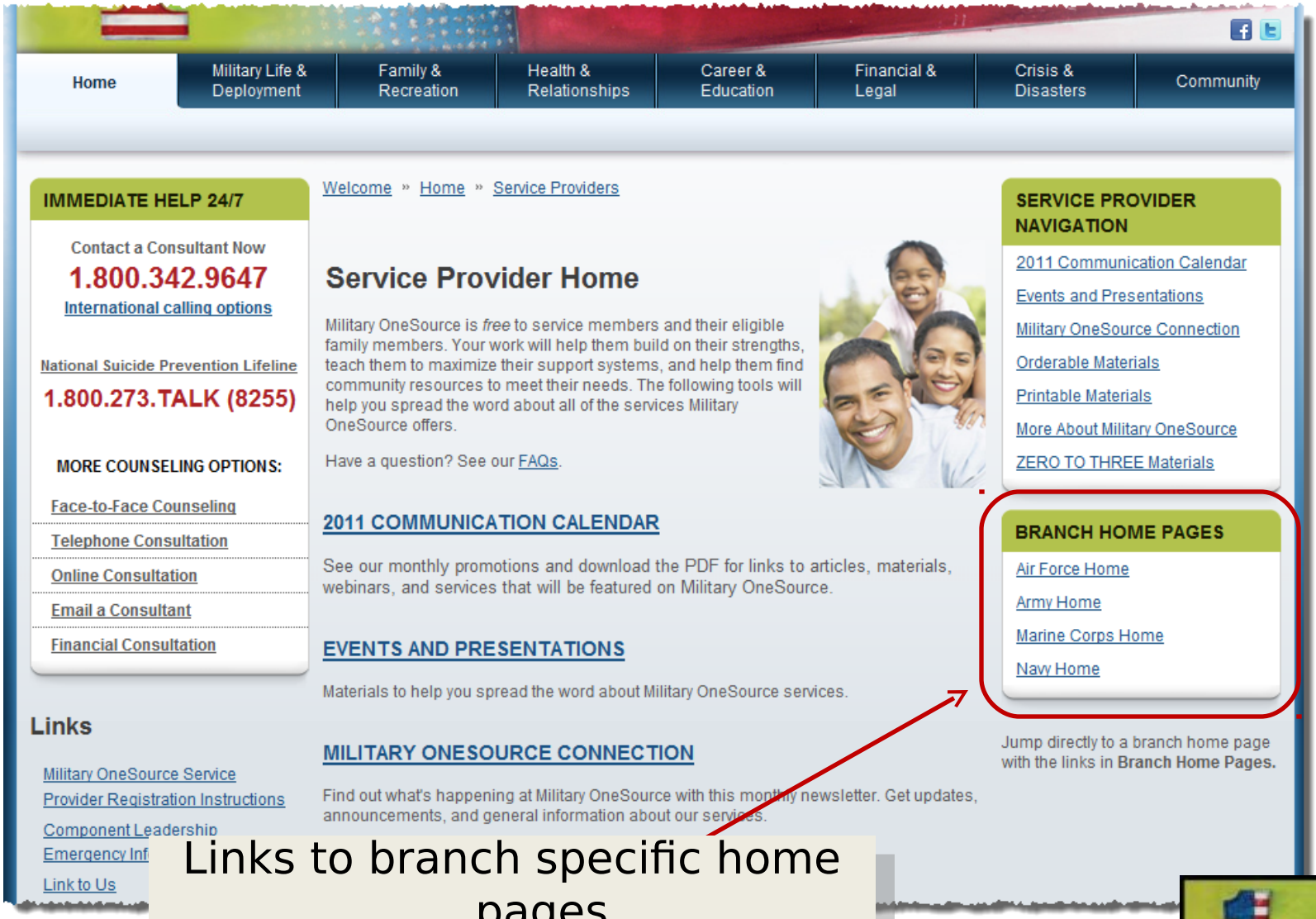
Short-term, solution-focused counseling referrals for

- readjusting to home and life after deployment or mobilization
- stress management
- marital and couples counseling
- counseling for parent-child (or guardian-child) issues
- grief counseling
- divorce or struggling relationships
- coping with job or career stress

Accessing the Home Page


For Immediate Help 24/7
Call 1-800-342-9647
International calling options
National Suicide Prevention Lifeline
1.800.273.TALK (8255)
Education, relocation, parenting, stress - you name it - Military OneSource is here to help you with just about any need. Available by phone or online, our free service is provided by the Department of Defense for active-duty, Guard, and Reserve service members and their families. The service is completely private and confidential, with few
GET STARTED
1. Please select your Branch/Division so that we may provide the information most relevant to you.
Army Active
Remember me for subsequent visits to MilitaryOneSource.com (Privacy Policy)
2. Enter As:
Member
Family Member
Service Provider
Enter as a Service Provider
The Service Provider links allow access to the Service Provider portal
Military Members
Military Families
Guard/Reserve
DoD Civilian Expeditionary Workforce
Service Providers
Coast Guard Assistance
USA.gov Government Made Easy
©2011 MilitaryOneSource.com -- All Rights Reserved.
Privacy & Confidentiality Policy | Disclaimer | Accessibility | Compatibility | Select a Different Branch
Military OneSource.com

Service Provider Home


Home
Military Life & Deployment
Family & Recreation
Health & Relationships
Career & Education
Financial & Legal
Crisis & Disasters
Community
IMMEDIATE HELP 24/7
Contact a Consultant Now
1.800.342.9647
International calling options
National Suicide Prevention Lifeline
1.800.273.TALK (8255)
MORE COUNSELING OPTIONS:
Face-to-Face Counseling
Telephone Consultation
Online Consultation
Email a Consultant
Financial Consultation
Links
Military OneSource Service Provider Registration Instructions
Component Leadership
Emergency Inf
Link to Us
Welcome » Home » Service Providers
Service Provider Home
Military OneSource is free to service members and their eligible family members. Your work will help them build on their strengths, teach them to maximize their support systems, and help them find community resources to meet their needs. The following tools will help you spread the word about all of the services Military OneSource offers.
Have a question? See our FAQs.
2011 COMMUNICATION CALENDAR
See our monthly promotions and download the PDF for links to articles, materials, webinars, and services that will be featured on Military OneSource.
EVENTS AND PRESENTATIONS
Materials to help you spread the word about Military OneSource services.
MILITARY ONESOURCE CONNECTION
Find out what's happening at Military OneSource with this monthly newsletter. Get updates, announcements, and general information about our services.
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ZERO TO THREE Materials
BRANCH HOME PAGES
Air Force Home
Army Home
Marine Corps Home
Navy Home
Jump directly to a branch home page with the links in Branch Home Pages.

Links to branch specific home pages

Communication Calendar

2011 Monthly Communication Calendar

See our monthly promotions and download the PDF for links to articles, materials, webinars, and services we will be featuring*.

January	February	March	April
Money and Budgets	Health and Wellness	Preparing for a PCS	Month of the Military Child and Child Abuse Prevention
May	**June**	**July**	**August**
Military Spouse Appreciation Month	Summer Vacation and Travel Planning	Consumer Awareness	Managing Change
September	**October**	**November**	**December**
Education	Healthy Relationships	Military Family Appreciation Month	Handling Holiday Stress

2010 Monthly Communication Flyer Archive

*Specific articles and educational materials are subject to change. Monthly

Monthly promotions with resources based on a specific theme

Military OneSource
Monthly Communication Plan

March 2011

Monthly Content Focus: Preparing for a PCS

Presentation & Marketing Support Materials

Military OneSource Overview Brief: MOS Overview Standard Brief + PCS slide

Flyers: Relocation flyer, Smooth Moves Topical List

Online Events

Webinars: March 15 - *Health Coaching Overview*; March 21& 31 – *Moving 101*; March 24 & 29 – *What Can Military OneSource Do For You: Moving and Relocation*; March 30 – *FTC Moving Traps and Scams*

Moderated Chat: *Stress-Free Moving* - Wednesday March 23 at 3:00 p.m. ET

Content

Orderable Materials

- *Choosing a School for Your Child* / *Choosing a School for Your Child – Spanish Version*
- *Handling Stress with Humor CD*

Articles

- *A Step Ahead: Getting Ready to Relocate as a Military Family*
- *Helping Your Teenager Cope with Relocation*
- *Document Translation Services from Military OneSource*

Tools & Services

- ***Web pages:*** New Moving Section on Military OneSource with specific information, links and resources on: Child Care, Schools, Moving with a Special Needs family member, Finances, Employment, Household Goods, Single Service Member, Special Circumstances and Housing.
- **Plan My Move** and **MilitaryINSTALLATIONS** database programs via MilitaryOneSource.com
- ***Coaching Programs:*** iCanRelax Health Coaching
- ***Podcasts:*** Jacey Eckhart's Tips for Military Spouses: *Housewarming - Get Rid of that Plastic House Feeling*, and *Rental, Moving, Housing, and Storage Traps* (coming soon)
- ***Online Libraries:*** *CultureGrams*, *CountryWatch* and *Home Improvement Reference Center*
- Military OneSource Relocation Tool
- ***Archived Webinar recordings:*** *Moving 101 for Military Families*, *A Step Ahead: Getting Ready to Relocate as a Military Family*
- ***Discussion Boards:*** PCS Moves

You name it. We can help - 24/7!
1-800-342-9647 | www.MilitaryOneSource.com

Events and

Presentation Request Form

Military OneSource is available to come out and support your events.

- To schedule a presenter for your event, to deliver the Military OneSource overview presentation or one of many other specialty overviews, please fill out a Presentation Request Form.

Office of Strategic Outreach
JFRC Scheduler

Presentations

- **Military OneSource Presentation**
  Download the latest Military OneSource standard overview presentation. Available in English and Spanish.

Train-the-Trainer Sessions

Military OneSource offers **Train-the-Trainer** sessions weekly online or by appointment.

Military OneSource.com

Military OneSource CONNECTION

- Subscribe to the MOS Connection Newsletter
- View current and archived MOS Connection Newsletters

June 2011

MILITARY ONESOURCE
CONNECTION

Keeping you informed about products and services 1-800-342-9647

Getting a Grip on Teen Driving

Is your teenager learning to drive this summer? Graduated driver's-licensing programs that delay full licensing until new drivers are older are credited with a significant decrease in teenage road deaths. But teenagers still account for four times as many traffic fatalities as adults. Are your palms sweating yet? Fortunately, many teenage motor-vehicle crashes are preventable, and proven strategies exist that can help keep your teenager safe on the road. You can start by reading the articles *Helping Your Teenager Be a Safe Driver* and *Teaching Your Teenager How to Drive*. If your family is stationed overseas, you'll want to take a look at *Helping Your Teenager Drive Overseas* too, which describes how to find out about driver's license requirements in your host country. (Retrieve an article by typing its title in the search box at www.MilitaryOneSource.com.) The Centers for Disease Control (CDC) website also provides fact sheets and information for beginning drivers and their parents. (Go to www.cdc.gov and enter "teen drivers" in the search box.)

Looking for a Sweet Vacation Spot?

Have We Got a Deal for You...

Are you looking for somewhere special to celebrate a return from deployment? Trying to find a honeymoon paradise? Just want to get away for some rest and sun? As a service member or part of a military family, you're eligible for affordable prices at some great vacation spots:

- **Armed Forces Recreation Centers (AFRC) resorts** include resorts and clubs in Virginia (Cape Henry Inn and Beach Club), Florida (Disney Shades of Green Resort), Hawaii (Hale Koa Hotel), Germany (Edelweiss Lodge and Resort), and South Korea (Dragon Hill Lodge), all brought to you by Family and Morale, Welfare and Recreation Command (FMWRC).
- **New Sanno Hotel** in Tokyo, Japan, is a new Joint Services Hotel operated by Navy MWR.

To learn about reservations, prices (rates are usually determined by rank and time of year), and watch video tours of all these destinations, go to www.MilitaryOneSource.com and enter "Armed Forces Recreation" in the search box.

And Now, Some Words from Our Users

The Military OneSource Facebook community is well over 50,000 members strong and growing. Here are some recent comments about our program:

April 12, 2011: I ❤ Military OneSource

March 22, 2011: Military OneSource helped me[redacted] I now have a neurologist that specializes in MS. She has ordered the tests I need and I am feeling so much more optimistic. I cannot tell you enough times, if you're having a problem, try them, they will do everything possible to find you the help you need. All I can say is WOW!!!!!

February 13, 2011: I just wanted to say THANK YOU for everything you all do for our Military!! Words can't even begin to explain how grateful & thankful I am as an army wife for this organization, also the amount of happiness this organization has brought to our Military too!!

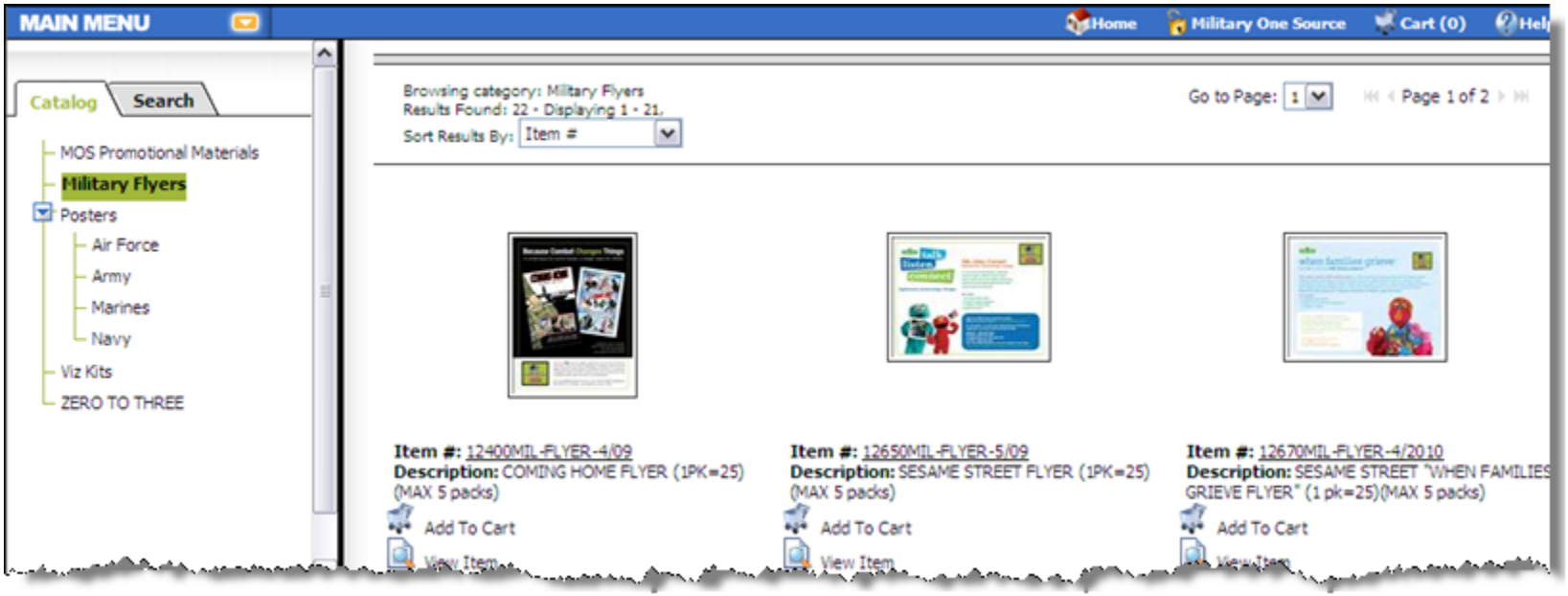
Orderable Materials

Order MOS promotional materials

We have improved the Military OneSource promotional materials ordering process! Please use the link below to order materials directly from our fulfillment partner's Web site.

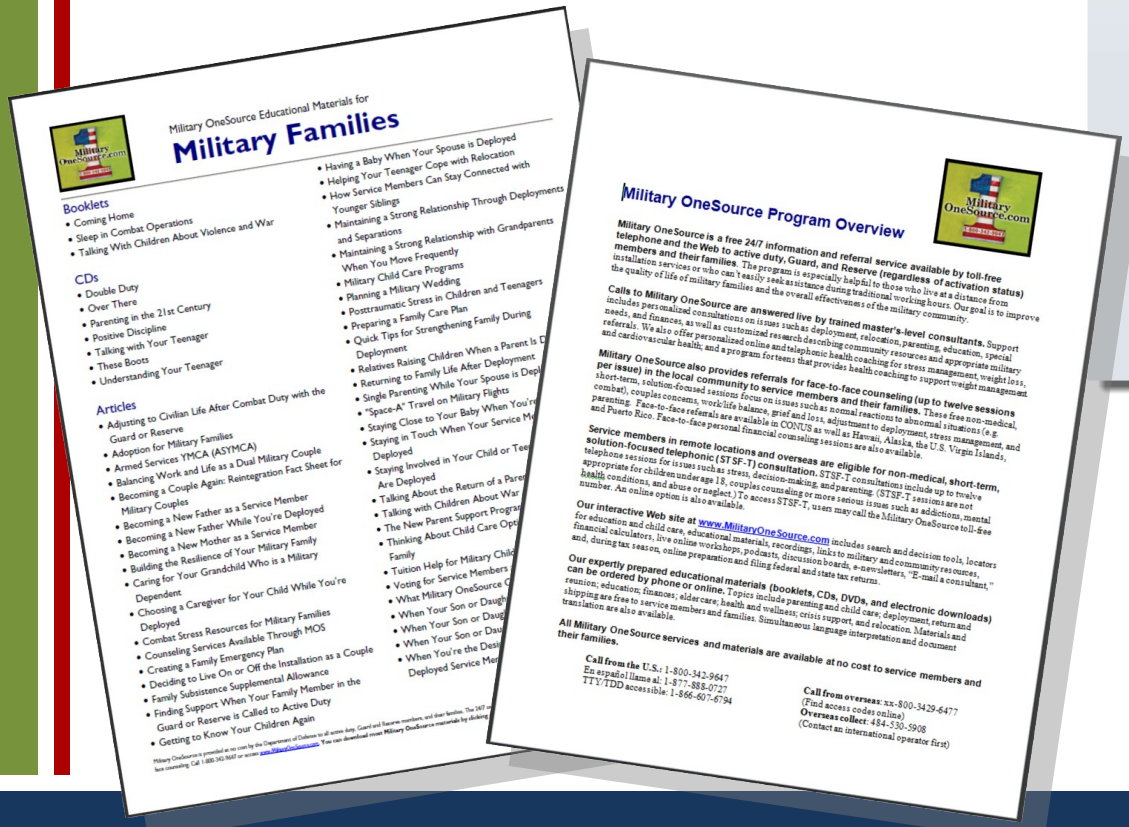
Order your Military OneSource promotional materials.

Note: *You are leaving the Military OneSource Web site. To return to the Military OneSource Web site, close the new window.*



Printable Materials

- Flyers
- Topical Lists
- Program Overview


Military OneSource Educational Materials for

Military Families

Booklets
- Coming Home
- Sleep in Combat Operations
- Talking With Children About Violence and War

CDs
- Double Duty
- Over There
- Parenting in the 21st Century
- Positive Discipline
- Talking with Your Teenager
- These Boots
- Understanding Your Teenager

Articles
- Adjusting to Civilian Life After Combat Duty with the Guard or Reserve
- Adoption for Military Families
- Armed Services YMCA (ASYMCA)
- Balancing Work and Life as a Dual Military Couple
- Becoming a Couple Again: Reintegration Fact Sheet for Military Couples
- Becoming a New Father as a Service Member
- Becoming a New Father While You're Deployed
- Becoming a New Mother as a Service Member
- Building the Resilience of Your Military Family
- Caring for Your Grandchild Who is a Military Dependent
- Choosing a Caregiver for Your Child While You're Deployed
- Combat Stress Resources for Military Families
- Counseling Services Available Through MOS
- Creating a Family Emergency Plan
- Deciding to Live On or Off the Installation as a Couple
- Family Subsistence Supplemental Allowance
- Finding Support When Your Family Member in the Guard or Reserve is Called to Active Duty
- Getting to Know Your Children Again
- Having a Baby When Your Spouse is Deployed
- Helping Your Teenager Cope with Relocation
- How Service Members Can Stay Connected with Younger Siblings
- Maintaining a Strong Relationship Through Deployments and Separations
- Maintaining a Strong Relationship with Grandparents When You Move Frequently
- Military Child Care Programs
- Planning a Military Wedding
- Posttraumatic Stress in Children and Teenagers
- Preparing a Family Care Plan
- Quick Tips for Strengthening Family During Deployment
- Relatives Raising Children When a Parent Is D
- Returning to Family Life After Deployment
- Single Parenting While Your Spouse is Depl
- "Space-A" Travel on Military Flights
- Staying Close to Your Baby When You're
- Staying in Touch When Your Service Me Deployed
- Staying Involved in Your Child or Tee Are Deployed
- Talking About the Return of a Pare
- Talking with Children About War
- The New Parent Support Progra
- Thinking About Child Care Opti Family
- Tuition Help for Military Child
- Voting for Service Members
- What Military OneSource C
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Military OneSource Program Overview

Military OneSource is a free 24/7 information and referral service available by toll-free telephone and the Web to active duty, Guard, and Reserve (regardless of activation status) members and their families. The program is especially helpful to those who live at a distance from installation services or who can't easily seek assistance during traditional working hours. Our goal is to improve the quality of life of military families and the overall effectiveness of the military community.

Calls to Military OneSource are answered live by trained master's-level consultants. Support includes personalized consultations on issues such as deployment, relocation, parenting, education, special needs, and finances, as well as customized research describing community resources and appropriate military referrals. We also offer personalized online and telephonic health coaching for stress management, weight loss, and cardiovascular health, and a program for teens that provides health coaching to support weight management.

Military OneSource also provides referrals for face-to-face counseling (up to twelve sessions per issue) in the local community to service members and their families. These free non-medical, short-term, solution-focused sessions focus on issues such as normal reactions to abnormal situations (e.g. combat), couples concerns, work/life balance, grief and loss, adjustment to deployment, stress management, and parenting. Face-to-face referrals are available in CONUS as well as Hawaii, Alaska, the U.S. Virgin Islands, and Puerto Rico. Face-to-face personal financial counseling sessions are also available.

Service members in remote locations and overseas are eligible for non-medical, short-term, solution-focused telephonic (STSF-T) consultation. STSF-T consultations include up to twelve telephone sessions for issues such as stress, decision-making, and parenting. (STSF-T sessions are not appropriate for children under age 18, couples counseling or more serious issues such as addictions, mental health conditions, and abuse or neglect.) To access STSF-T, users may call the Military OneSource toll-free number. An online option is also available.

Our interactive Web site at www.MilitaryOneSource.com includes search and decision tools, locators for education and child care, educational materials, recordings, links to military and community resources, financial calculators, live online workshops, podcasts, discussion boards, e-newsletters, "E-mail a consultant," and, during tax season, online preparation and filing federal and state tax returns.

Our expertly prepared educational materials (booklets, CDs, DVDs, and electronic downloads) can be ordered by phone or online. Topics includes parenting and child care; deployment, return and reunion; education; finances; elder care; health and wellness; crisis support, and relocation. Materials and shipping are free to service members and families. Simultaneous language interpretation and document translation are also available.

All Military OneSource services and materials are available at no cost to service members and their families.

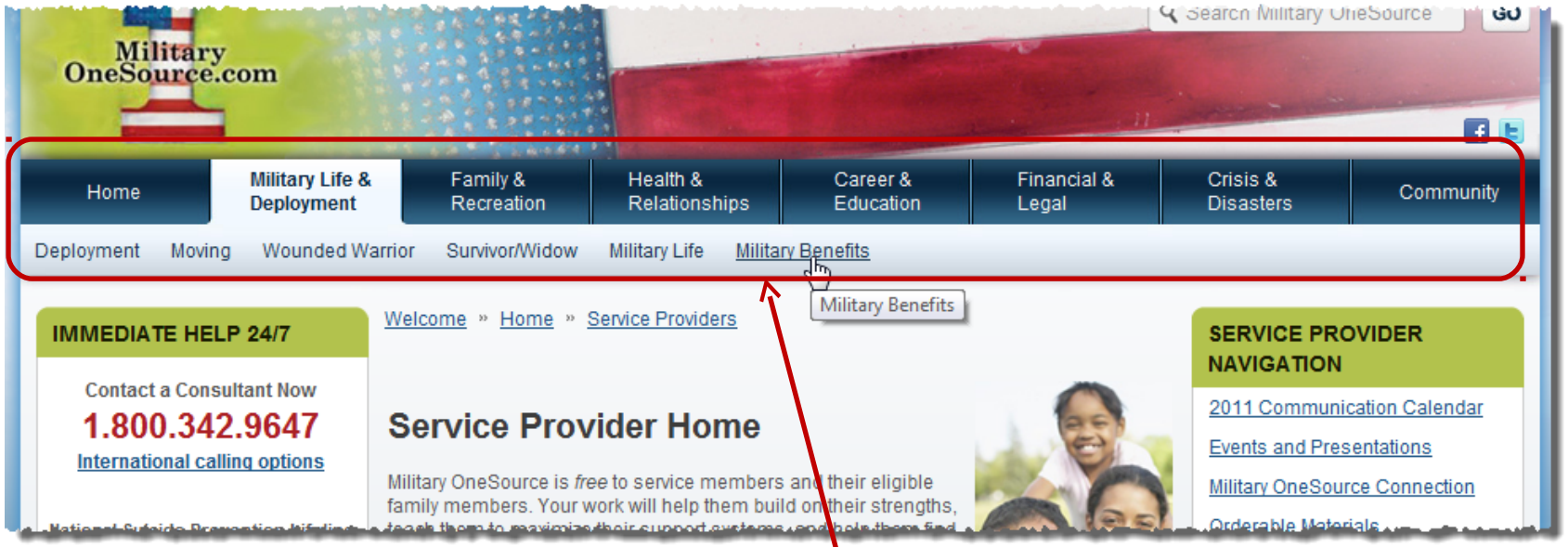
Call from the U.S.: 1-800-342-9647
En español llame al: 1-877-888-0727
TTY/TDD accessible: 1-866-607-6794

Call from overseas: xx-800-3429-6477
(Find access codes online)
Overseas collect 484-530-5908
(Contact an international operator first)

Flyers

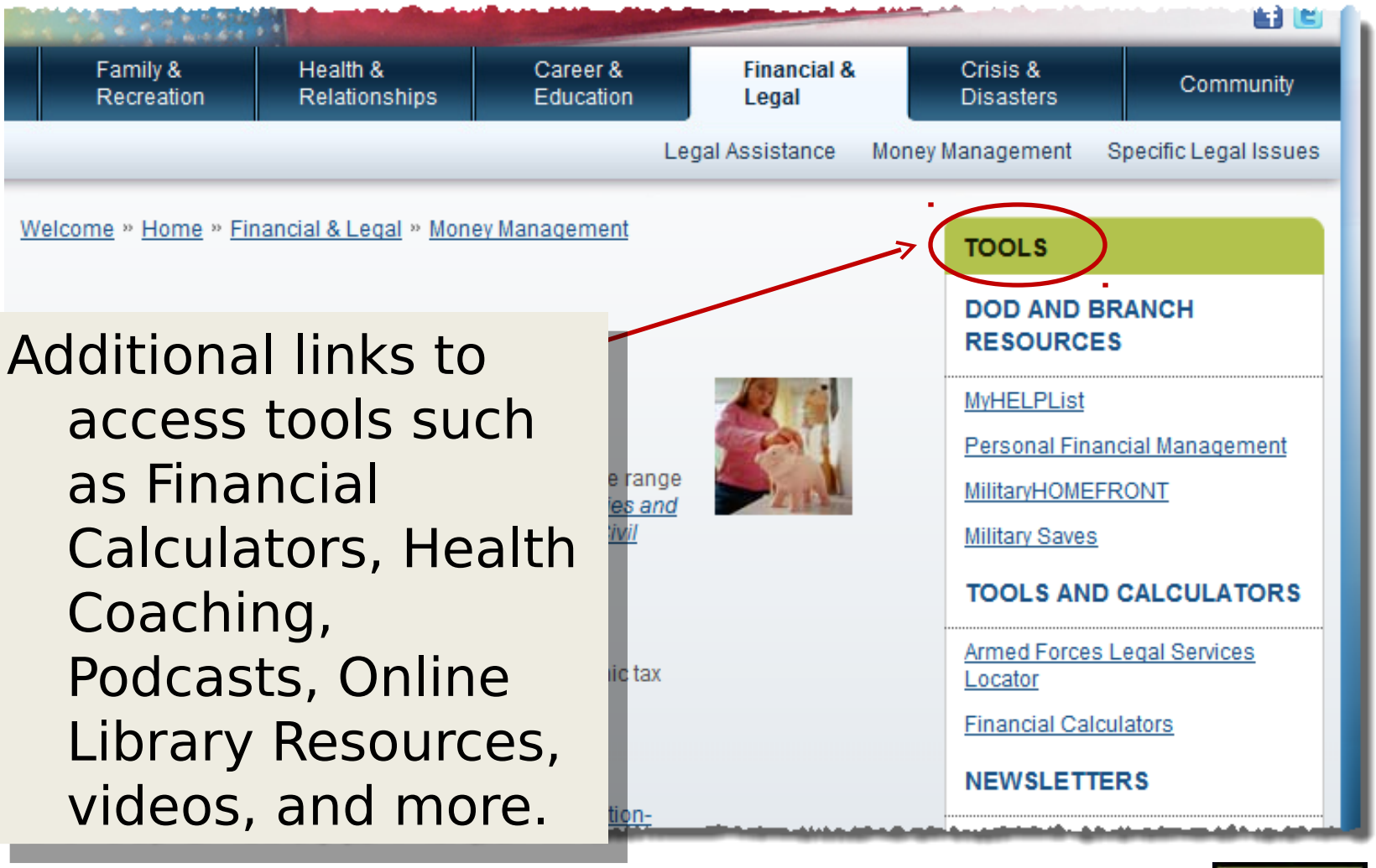
- Chill Drills Flyer
- Coming Home Flyer
- Deployment Resources Flyer
- DoD Library Resources
- Double Duty Flyer
- EFMP Special Needs Flyer
- Financial Counseling Flyer
- Health Library
- Healthy Habits Health Coaching Flyer
- iCan Achieve Teen Health Coaching Flyer
- Military Spouses Brochure
- Money Matters Flyer
- Over There CD Flyer
- Promotional Tools Flyer
- Relocation Flyer
- Sesame Street - Talk, Listen, Connect Flyer
- Sesame Street - When Families Grieve Flyer
- Short Term Solution Focused Telephonic Consultations
- Take Charge of Your Money CD Flyer
- Tax Preparation and Filing Services Flyer
- These Boots Flyer
- What Can Military OneSource Do For You Flyer
- What Can Military OneSource Do For You Flyer (Spanish)
- Wounded Warrior Resource Center (WWRC) Flyer

Finding Information



Click to quickly access information available through MOS

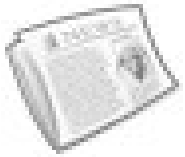
Tools



Additional links to access tools such as Financial Calculators, Health Coaching, Podcasts, Online Library Resources, videos, and more.

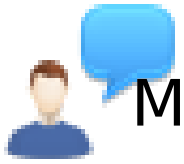
Community

Discussion Boards


Newsletters

Webinars

Podcasts


Moderated Chats

Additional Resources

Find more information about MOS through our Search engine, More About Military OneSource link, and our FAQ's

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a different branch | About Us | Contact Us | Help | En Español | View Basket
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MORE COUNSELING OPTIONS:
Face-to-Face Counseling
community resources to meet their needs. The following tools will help you spread the word about all of the services Military OneSource offers.
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ZERO TO THREE Materials

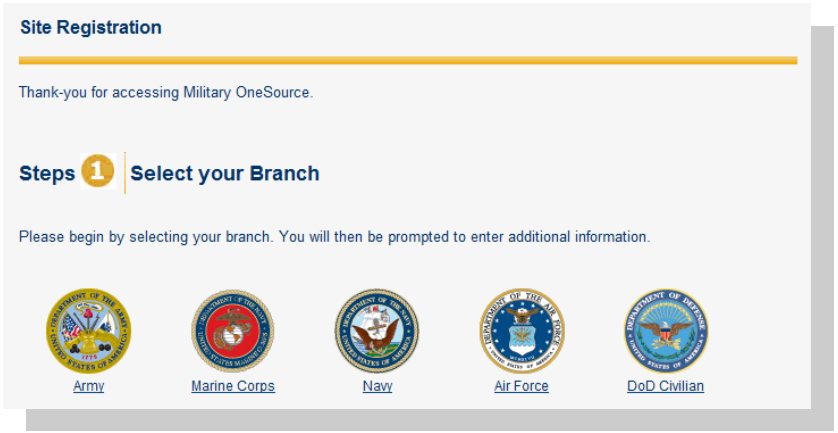
Affiliate Provider Information

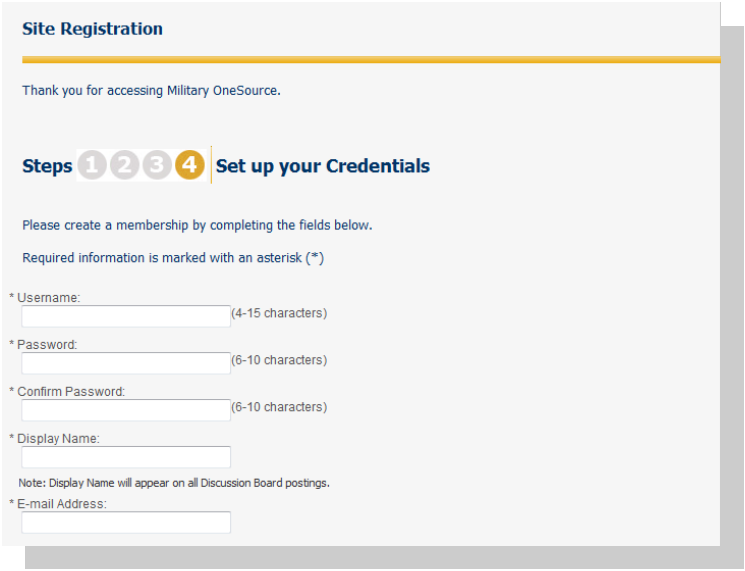
- Affiliate Provider Network criteria
  - Master's degree or higher
  - 5 years post-master's clinical experience
  - Minimum 3 years EAP experience

- More information on additional criteria and joining the network can be found at www.ceridianprovidersolutions.com

How to Register

Welcome. Log In - Join Now / Register for full access to Military OneSource.com.
About Us | Contact Us | Help | En Español | View Basket
Military OneSource.com




Site Registration
Thank you for accessing Military OneSource.
Steps 1 2 3 4 Set up your Credentials
Please create a membership by completing the fields below.
Required information is marked with an asterisk (*)
* Username:
(4-15 characters)
* Password:
(6-10 characters)
* Confirm Password:
(6-10 characters)
* Display Name:
Note: Display Name will appear on all Discussion Board postings.
* E-mail Address:

Access

Toll-Free telephone:
1-800-342-

www.MilitaryOneSource.com

E-mail your questions to a consultant

Interaction with trained outreach

You should expect:

- 24/7/365 worldwide access
- Master's-level consultants to answer your questions
- Objective, experienced, caring people
- Up-to-date and useful information
- No cost
- A commitment to quality

Questions

www.MilitaryOneSource.com 1-800-342-964